

Bridging the Gap in Multimorbidity: From Epidemiology to Real-World Settings

03-04 June 2026

CSS Auditorium, Copenhagen University
Copenhagen Denmark



Join us for a two-day symposium on multimorbidity and chronic disease

Dive into four dynamic sessions exploring patterns of multimorbidity, strategies for prevention and management, and perspectives from real-world settings.

Whether you are a researcher, clinician, public health professional, or policymaker, this event brings you together with Danish and international experts to discuss the latest advancements in the field.

Showcase your own work! On Day 2, we are hosting a dedicated session for short presentations. We highly encourage you to take the stage and submit an abstract.

Secure your spot and submit your abstract today:

<https://eupha.org/events/bridging-the-gap-in-multimorbidity-from-epidemiology-to-real-world-settings/>

PROGRAM

DAY 1 – JUNE 03

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| 10:00 - 10:30 | Registration and networking |
| 10:30 - 10:50 | Welcoming remarks and introduction to symposium |
| 10:50 - 12:00 | Steno MDT session: Findings from a Danish multicentre collaboration on diabetes and multimorbidity |
| 12:00 - 13:00 | Lunch |

THEME 1 – PATTERNS OF MULTIMORBIDITY

- 13:00 - 13:20 Patterns and trajectories of multimorbidity: Clusters in a dynamic setting
Nikolaj Olerud Holm, Technical University of Denmark & Copenhagen University Hospital Amager and Hvidovre, Denmark
- 13:20 - 13:40 Descriptive and predictive approaches to life-course disease trajectories
Søren Brunak, University of Copenhagen, Denmark.
- 13:40 - 14:00 Understanding complex care needs over time: key research insights into multimorbidity trajectories
Amaia Calderón-Larrañaga, Karolinska Institutet & Stockholm University, Sweden.
- 14:00 - 14:30 Panel Discussion
- 14:30 - 15:00 Break - refreshments and networking

THEME 2 – HOW DO WE PREVENT AND MANAGE MULTIMORBIDITY?

- 15:00 - 15:20 The Fusion clinic - A complete treatment course
Mette Wallbohm Olsen, Central and West Zealand Hospital, Denmark
- 15:20 - 15:40 Differentiated hospital care for patients with multimorbidity at Clinic for Multimorbidity
Cathrine Bell, Central Denmark Regional Hospital, Denmark.
Marlene Lunddal Krogh, Central Denmark Regional Hospital & Aarhus University, Denmark.
- 15:40 - 16:00 *Session title forthcoming*
Nasrin Asgari, Central and West Zealand Hospital & University of Southern Denmark
- 16:00 - 16:20 Improving care for patients with complex multimorbidity through extended consultations in general practice
Anne Holm, University of Copenhagen, Denmark
- 16:20 - 17:00 Break
- 17:00 - 17:20 Management of multimorbidity in general practice across Europe
Julian Mamo, University of Malta, Malta.
- 17:20 - 17:40 Beyond Silos: Integrating Primary Care, Public Health, Prevention, and Education to Tackle Multimorbidity
Sarah Cuschieri, University of Malta, Malta.
Saverio Stranges, Western University, Canada.
- 17:40 - 18:10 Panel Discussion
- 18:10 - 18:20 Closing remarks
- 18:30 - Town walk and dinner

DAY 2 – JUNE 04

08:30 - 09:00 Coffee and networking

09:00 - 09:10 Introduction for the day

09:10 - 10:10 ABSTRACT PRESENTATIONS

10:10 - 10:40 Break

THEME 3 – PERSPECTIVES FROM REAL-WORLD SETTINGS

10:40 - 11:00 Equity in Action: Redesigning Care Through Organisational Health Literacy
Helle Terkildsen Maindal, Aarhus University, Denmark.

11:00 - 11:20 Negotiating symptoms, causes and solutions: the everyday work of living with multimorbidity
Anna Louise Skovgaard, Aarhus University & University of Southern Denmark, Denmark.

11:20 - 11:40 Leveraging The Total Worker Health Model to Manage Multimorbidity and Preserve Work Ability
Franca Barbic, Humanitas University, Italy; Western University, Canada.

11:40 - 12:00 Multimorbidity as a Central Driver of Dementia and Mobility Disability in Aging: Implications for Multidomain Interventions
Manuel Montero-Odasso, Western University, Canada.

12:00 - 12:20 Addressing Non-communicable diseases in Greenland - challenges and advantages in a unique the health care system
Michael Lynge Pedersen, Steno Diabetes Center Greenland, Greenland

12:20 - 12:50 Panel Discussion

12:50 - 13:10 Summary & Next Steps
Saverio Stranges, President Chronic Disease Section, European Public Health Association

13:10 - 14:00 Lunch (to stay or to go)