

INTERNATIONAL SYMPOSIUM - PRELIMINARY PROGRAM (June 5-6 or June 12-13)

Society, Nutrition and Chronic Disease Prevention: Time for a Paradigm Shift

Location: NeuroMed Institute, Pozzilli, Isernia, Molise Region, Italy

DAY 1

Welcome – Registration

Opening Session

10:00 – Welcoming remarks – Giovanni De Gaetano (NeuroMed, Pozzilli, Italy)

10:15 – Introduction to symposium

EUPHA Chronic Disease Section - Saverio Stranges (Western University Canada/Federico II, Italy)

EUPHA Food and Nutrition Section – Giuseppe Grosso (University of Catania, Italy)

10:30 – Licia Iacoviello (LUM University, Bari, Italy)

The MOLI-SANI Study Experience: Lessons Learned and Way Forward

11:00 – Marialaura Bonaccio (NeuroMed, Pozzilli, Italy)

The Role of Social Factors in the Nutrition-Chronic Disease Link

11:30 – Sarah Cuschieri (University of Malta)

Nutrition, Obesity and Chronic Disease: Perspectives from a Small European Country

12:00 – First Panel Discussion - *Current Perspectives across Europe and beyond*

Marialaura Bonaccio, Sarah Cuschieri, Giovanni De Gaetano, Licia Iacoviello, Saverio Stranges

13:00 - 14:00 – Lunch Break & Networking

14:00 – Elio Riboli (Imperial College, London, UK)

The EPIC Study Experience: Lessons Learned and Way Forward

14:30 – Sabina Sieri (Italian National Cancer Institute, Milan, Italy)

Dietary habits across Italy and Europe

15:00 – Pietro Ferrari (International Agency for Research on Cancer, Lyon, France)

Epidemiological research on nutrition and chronic disease: challenges and opportunities

15:30 – Valeria Pala (Italian National Cancer Institute, Milan, Italy)

Measuring Dietary Patterns in population-based studies

16:00 – Simona Costanzo/Simona Esposito (NeuroMed, Pozzilli, Italy)

Hot Topics: Ultra-processed Foods, Biological Aging and Chronic Disease

16:30 – Angelo Di Castelnuovo (NeuroMed, Pozzilli, Italy)

Alcohol and Chronic Disease: Reconciling Evidence with Public Health Policy

17:00 – Second Panel Discussion – ***Nutritional Epidemiology: Past, Present, Future...***

Simona Costanzo, Pietro Ferrari, Valeria Pala, Salvatore Panico, Elio Riboli, Sabina Sieri

18:00 – Social Activities

20:00 - Dinner

DAY 2

9:30 – Welcome Coffee & Networking

10:00 – Annalisa Giosuè (University of Naples Federico II, Italy)

Dietary Patterns and Chronic Disease Prevention within the One Health Approach

10:30 – Jason Gilliland (Western University, London, Ontario, Canada)

Smartphone-based interventions to improve food literacy and diet quality

11:00 – Gabriele Riccardi (University of Naples Federico II, Italy)

Novel Approaches to Promoting Healthy Dietary Patterns

11:30 – Marilena Vitale (University of Naples Federico II, Italy)

The Switch Project to improve dietary habits across Europe

12:00 – Third Panel Discussion – *From Research to Policy to tackle diet-related chronic disease*

Annalisa Giosuè, Jason Gilliland, Gabriele Riccardi, Maurizio Trevisan, Marilena Vitale

13:00 - 14:00 – Lunch Break & Networking

14:00 – Simona Castaldi (University of Campania “Luigi Vanvitelli”, Caserta, Italy)

Sustainable Food Systems: An Ecological Perspective

14:30 – Franca Barbic (Humanitas University, Milan, Italy)

Diet and Health Promotion Programs in the Workplace

15:00 – Julian Mamo (University of Malta)

Dietary and lifestyle interventions for Chronic Disease Prevention in Primary Care

15:30 - Giuseppe Grosso

Public Health Nutrition: Assessing Evidence to Determine Policy and Practice

16:00 – Saverio Stranges (Western University Canada/University of Naples Federico II, Italy)

Revisiting Public Health Policies on Nutrition and Chronic Disease

16:30 – Fourth Panel Discussion – *Need for Multisectoral Approaches and Future Perspectives*

Franca Barbic, Simona Castaldi, Giuseppe Grosso, Licia Iacoviello, Julian Mamo, Saverio Stranges

17:30 – Summary of Symposium & Next Steps (Saverio Stranges & Giuseppe Grosso)

18:00 – Social Activities

20:00 - Dinner